

PRE STARTERS/ SOUPS

RASAM ✓ GF DF 🌶️	£2.95
A hearty warming south Indian soup based on fresh tomatoes and tamarind juice.	
PAPER DOSA ✓ GF DF 🌶️	£5.99
A sharing starter. A thin and crispy crepe made of rice and lentils served with homemade chutneys and sambar. With ghee (0.95p extra).	
PAPPADAM PLATE ✓ 🌶️	£2.75
Experience our homestyle pappadam plate served with homemade chutneys.	

STARTERS

ULLIVADA ✓ GF DF 🌶️	£3.50
A favourite teatime snack in Kerala, thinly sliced onion coated in gram flour and deep fried.	
UZHUNNU VADA ✓ GF DF 🌶️	£3.95
Lentil based snack, ground urud daal shaped in a doughnut shape and deep fried. Served with homemade chutney and sambar.	
VEGETABLE SAMOSA ✓ DF 🌶️	£3.75
Lightly spiced mixed vegetables wrapped in filo pastry and deep fried.	
MEAT SAMOSA DF 🌶️	£3.95
Lightly spiced lamb filo pastry parcels and deep fried.	

SMALL LARGE

CHICKEN 65 GF DF 🌶️	£5.60	£8.60
Ever popular deep fried marinated chicken cubes with a hint of spice.		
FISH 65 GF DF 🌶️	£5.60	£8.60
Marinated fish pieces gently spiced and deep fried to perfection.		
PANEER TIKKA GF 🌶️	£5.60	£8.60
Grilled Indian cottage cheese marinated with a mixture of aromatic spices and yoghurt.		
KONCHU FRY GF DF 🌶️	£6.25	£9.25
King prawns marinated in a spicy masala mix then pan-fried to perfection.		
PUDHINA CHICKEN GF 🌶️	£5.95	£8.95
Succulent chicken breast marinated in fresh mint, green chillies and yoghurt then grilled.		
MASALA DOSA ✓ DF GF 🌶️	£4.95	£7.95
Dosa with traditional style potato masala filling.		
BEEF ULARTHIYATHE GF DF 🌶️	£6.50	£9.50
Sautéed beef slow cooked and caramelised in the pan with ginger, chili, black peppercorns and coriander.		
MUTTON ULARTHIYATHE GF DF 🌶️	£6.50	£9.50
Sautéed mutton slow cooked and caramelised in the pan with ginger, chili, black peppercorns and coriander.		

Designed by Creative Ego/ www.creativeego.co.uk



MAIN COURSES

If the Main Course is ordered as a Dosa Supreme it is served with a dosa, homemade chutneys and sambar.

	CURRY	DOSA SUPREME
PANEER THEEYAL GF 🌶️	£6.95	£10.95
A traditional Kerala style dish with paneer in a roasted coconut sauce.		
KOOTU CURRY ✓ GF DF 🌶️	£6.95	£10.95
A medley of black chickpeas, potato, carrot, and plantain cooked with garam masala. A must try for vegans.		
THAKKALI THEEYAL ✓ GF DF 🌶️	£6.95	£10.95
Tomato cooked in slow roasted coconut gravy with spices and finished off with tamarind juice for the real Kerala flavour.		
CHEERA PARIPPU ✓ GF DF 🌶️	£6.95	£10.95
Toor Daal (yellow lentil) is a delicately spiced lentil and spinach dish.		
FISH CURRY GF DF 🌶️	£9.95	£13.95
A local favourite from home, Kerala style fish curry spiced with fiery green chillies and slightly softened by the ambient flavours from the kokum fruit. (Fish may contain bones)		
FISH MOLLY GF DF 🌶️	£9.95	£13.95
Fish Molly is for the milder hearts yet with all the goodness of fish curry. (Fish may contain bones)		
KONCHU MULAKITTATHE GF DF 🌶️	£10.95	£14.95
Spicy slow roasted prawns made with chilli powder, turmeric and fenugreek.		
CHICKEN ISHTOO GF DF 🌶️	£8.95	£12.95
A milder chicken curry made with coconut milk and mixed vegetables.		
NADAN CHICKEN CURRY GF DF 🌶️	£8.95	£12.95
Original home style chicken curry in an onion and tomato based sauce with a magic blend of spice powders.		
KALLUSHOP BEEF CURRY GF DF 🌶️	£9.50	£13.50
A lively curry, rich in flavour with homemade ground masala including black peppercorns and fennel.		
BEEF MAPPAS GF DF 🌶️	£9.50	£13.50
A milder option with beef sautéed in coconut milk and whole gram masala.		

CURRY DOSA SUPREME

MUTTON CURRY GF DF 🌶️ £9.50 £13.50
A home style mutton curry with sautéed onion, tomato and Kerala mixed spices.

MUTTON ISHTOO GF DF 🌶️ £9.50 £13.50
Delicately spiced mutton dish made with coconut milk and mixed vegetables.

WHAT IS A DOSA?

A south Indian thin crepe made from rice flour and black lentil gram served fresh from the griddle. Dosas are gluten free and dairy free and make the perfect accompaniment to curry, chutneys and sambar.

VEGETABLE SIDE DISHES

Thoran is a popular Kerala dish made of slow cooked vegetables with coconut, green chillies, turmeric, mustard seeds and curry leaves. Perfect as a healthy eating option.

	SMALL	LARGE
CABBAGE THORAN ✓ GF DF 🌶️	£4.25	£5.99
RED KIDNEY BEANS THORAN ✓ GF DF 🌶️	£4.25	£5.99
KADALA THORAN ✓ GF DF 🌶️	£4.25	£5.99
OLAN ✓ GF DF 🌶️	£4.25	£5.99
Pumpkin and beans are slow cooked in coconut milk with curry leaves. It's a perfect side dish all around.		

LOOKING FOR A HEALTHY OPTION?

If you are calorie counting, Pudhina Chicken and Vegetable Thoran make a tasty healthy option. Ask staff for other Live Dosa low calorie options.

FANCY A BIRYANI?

PANEER	£7.50
CHICKEN	£8.50
LAMB	£9.50
KING PRAWN	£10.75

RICE

	SMALL	LARGE
BASMATI RICE	£2.65	£3.50
PILAU RICE	£2.90	£3.90
LEMON RICE	£3.40	£4.50
KERALA RICE	£ 2.65	£ 3.50

BREADS

APPAM ✓ GF DF	£2.95
Traditional spongy pancake-like gluten free bread made from fermented rice and coconut batter. Pairs well with the Live Dosa Fish Curry.	
POROTTA	£2.50
Token street food from Kerala, this grilled flaky bread is made from a plain flour dough, beaten and rolled to form thin layers, forming a circular shape.	
CHILLI GOTAMBU DOSA ✓ DF	£ 2.25
Dosa made with wholewheat flour with a topping of green chillies.	
GARLIC GOTHAMBU DOSA ✓ DF	£ 2.25
Dosa made with wholewheat flour with a topping of garlic.	

ACCOMPANIMENTS

COCONUT CHAMMANTHI ✓ GF DF 🌶️	£1.00
Homemade coconut chutney.	
ULLI CHAMMANTHI ✓ GF DF 🌶️	£0.85
Homemade onion chutney.	
THAKKALI CHAMMANTHI ✓ GF DF 🌶️	£0.95
Homemade tomato chutney.	

DESSERTS

GULAB JAMUN	£4.95
A decadent dessert is made from deep fried, milk dough balls soaked in a clove infused golden syrup.	
CHOCOLATE APPAM GF	£4.95
A spongy coconut and rice pancake with a chocolate topping and served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)	
SWEET DOSA GF	£4.95
A house favourite served with coconut and molasses served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)	
DOSA COCOA	£4.95
Chocolate filled dosa served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)	
SELECTION OF SORBETS	£4.95
3 scoops of refreshing sorbet. Ask the staff for the selection available.	

✓ Vegan DF Dairy Free GF Gluten Free 🌶️ mild 🌶️ medium 🌶️ hot

A discretionary service charge will be added to the final bill of tables of 6 or more.

WINES

SMALL LARGE BOTTLE
175ml 250ml 70cl

RED WINES

VINI D'AUTORE MERLOT £4.50 £5.50 £15.99

2015 Italy
Intense yet fruity grand aromatic red.

VEGA PIEDRA RIOJA £5.75 £6.85 £21.99

2015 Spain
vibrant medium bodied Rioja,
with undertones of berries and plums.
A great all rounder at the table.

SOUL TREE CABERNET SAUVIGNON ... £6.95 £8.25 £26.99

2015 India
Sophisticated warm, medium bodied wine
with hints of blackcurrants and black pepper.
Perfect with beef and lamb dishes.

WHITE WINES

VINI D'AUTORE PINOT GRIGIO £4.50 £5.50 £15.99

2015 Italy
Intense yet fruity notes and aromatic undertones.

VINI D'AUTORE SAUVIGNON BLANC ... £4.95 £6.50 £18.99

2015 Italy
Fresh crisp characteristics perfectly matched
with fish and vegetarian dishes.

CAPE HEIGHTS CHENIN BLANC £5.75 £6.85 £21.99

2016 South Africa
A fresh, dry Chenin with broad appeal displaying
classic baked apple and zippy citrus aromas with soft,
delicate apple fruit on the palate. It makes a great
partner to fish, chicken and vegetarian dishes.

SOUL TREE SAUVIGNON BLANC £6.95 £8.25 £26.99

2015 India
Multiple award winning wine with crisp and
herby undertones which pairs perfectly
with chicken and fish dishes.

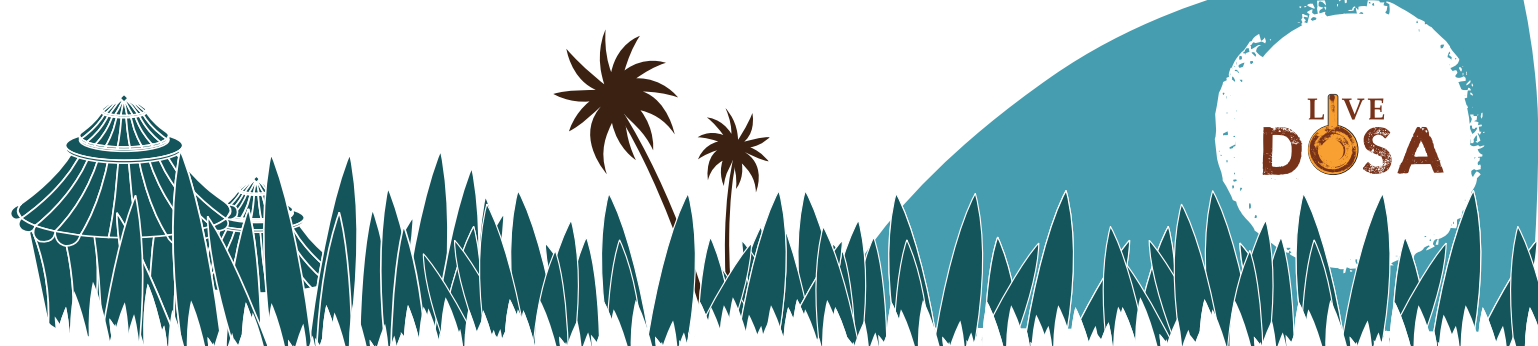
ROSE WINES

PINOT GRIGIO BLUSH £4.95 £6.50 £18.99

2015 Italy
Characteristically crisp and fruity with
notes of peach. Served chilled as an aperitif
or with lightly spiced food.

SOUL TREE PINOT BLUSH £6.95 £8.25 £26.99

2015 India
Refreshing berry undertones with a hint
of ripe apples, this is a perfect accompaniment
to fish, chicken or vegetarian dishes.



PROSECCO

LUNETTA £ 6.85 200ml

2015 Italy
Extra dry, crisp and zesty which makes a perfect aperitif or an
accompaniment to fish and chicken dishes.

MORANDO £22.99 70cl

2015 Italy
Crisp and zingy this extra dry sparkling wine is the perfect chilled
aperitif or an accompaniment to fish and chicken dishes.

COCKTAILS

MALABAR WOO WOO NIGHTS £6.50

Vodka, peach SCHNAPPS, cranberry juice.

COSMOPOLITAN COCHIN £5.50

Vodka, cranberry juice, dash of lime.

INDIAN SEA BREEZE £6.50

Peach schnapps, pineapple juice, cranberry juice with a hint of lime.

MAHARAJA HOUSE BOAT £5.50

Gin, lime juice, sugar syrup and soda water.

KOVALAM SUNDOWNER £5.50

Gin, lime cordial, dash of cranberry juice.

LIVE DOSA COOLERS

LASSIS £2.95

An Indian take on a smoothie, a blended yoghurt drink
served ice cold and in a choice of fruity flavours.

A perfect way to get your meal started. Flavours available:
mango, salted, sweet and rose.

NIMBU PANI £2.90

Freshly squeezed lime juice and soda water with added
salt or sweet or both.

LEMON REFRESHER £2.50

Freshly squeezed lemon juice with soda water.

MINT MAMBO £3.50

Mint leaves and crushed ice topped with lemon juice,
soda water and sugar syrup.

MALABAR DREAM £3.50

Salt version of Nimbu Pani with ginger and green chilli.

KERALAN SUNSET £3.55

Blended pineapple juice and coconut milk
with a dash of lime.

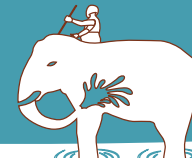
The Live Dosa story

We started in 2013 selling Keralan street food
from a market stall in the city of Chelmsford.
Once the local Chelmsfordians discovered our delicious dosas
and authentic south indian cooking, we relocated
and opened the Live Dosa restaurant in 2014.

Please follow us on Facebook, Instagram and Twitter
and sign up for our newsletter
for all of our latest offers and events.

LIVE DOSA LOVE DOSA

Experience the real taste of Kerala



FOOD ALLERGIES & RESTRICTIONS: Please let us know if you have any dietary restrictions or special considerations, and we will make every effort to accommodate dietary restrictions however there is no guarantee that we will be able to accommodate all food intolerances/special diets. It is the guests responsibility to let Live Dosa restaurant know if they have any food allergies or restrictions 48 hours in advance. Live Dosa restaurant will not be held responsible for any guest not informing us of food allergies or dietary restrictions.

NON ALCOHOLIC

COKE/ DIET COKE/ LEMONADE £1.70 £2.50

ORANGE/ CRANBERRY/ PINEAPPLE JUICE ... £1.70 £2.50

STILL/ SPARKLING WATER (330ml) £2.25

BEERS AND CIDERS

KINGFISHER £2.95 £4.95

COBRA £2.95 £4.95

PERONI £4.75

MAGNERS ORIGINAL £4.75

PREMIUM SPIRITS

25ML

FAMOUS GROUSE £2.75

GORDON'S GIN £2.75

SMIRNNOFF £2.75

BARCADI £2.75

COURVOISIER £2.75

CAPTAIN MORGAN £2.75

JACK DANIELS £2.95

BOMBAY SAPHIRE £2.95

ABSOLUTE VODKA £2.95

LIQUERS

BAILEYS IRISH CREAM £2.75 25ml

TIA MARIA £2.75 25ml

AMARETTO DISARANNO £2.75 25ml

PEACH SCHNAPPS £2.75 25ml

MALIBU £2.75 25ml

TEAS & COFFEES

INDIAN BRU FILTER COFFEE £1.95

A blend of coffee beans and chicory prepared on the hob with milk.

DECAFFEINATED COFFEE £1.95

MASALA TEA £1.95

Typical Indian tea boiled with milk and a special pre prepared tea mix.
(Can be made as black tea)

TEA INFUSIONS £1.95

Camomile, Green, Mint, Cumin, Ginger, Lemon and Ginger.

LIQUEOR COFFEE £4.95

Filter coffee served with a shot of alcohol of your choice
topped with double cream.