

## TRY A LIVE DOSA THALI

### VEGAN THALI £11.99

7 vegan dishes served with rice and appam

### MEAT THALI £14.99

3 meat dishes and 4 vegan dishes served with rice and appam



## STARTERS

**ULLIVADA** **V GF DF** £4.50  
A favourite teatime snack in Kerala, thinly sliced onion coated in gram flour and deep fried.

**VEGETABLE SAMOSA** **V DF** £3.95  
Lightly spiced mixed vegetables wrapped in filo pastry and deep fried.

**MEAT SAMOSA** **DF** £3.95  
Lightly spiced lamb filo pastry parcels and deep fried.

**CHICKEN 65** **GF DF** £6.50 £9.50  
Ever popular deep fried marinated chicken cubes with a hint of spice.

**FISH 65** **GF DF** £6.50 £9.50  
Marinated fish pieces gently spiced and deep fried to perfection.

**PANEER TIKKA** **GF** £6.50 £9.50  
Grilled Indian cottage cheese marinated with a mixture of aromatic spices and yoghurt.

**KONCHU FRY** **GF DF** £6.95 £9.95  
King prawns marinated in a spicy masala mix then pan-fried to perfection.

**PUDHINA CHICKEN** **GF** £6.75 £9.75  
Succulent chicken breast marinated in fresh mint, green chillies and yoghurt then grilled.

## WHAT IS A DOSA?

A south Indian thin crepe made from rice flour and black lentil gram served fresh from the griddle. Dosas are gluten free and dairy free and make the perfect accompaniment to curry, chutneys and sambar.

## LOOKING FOR A HEALTHY OPTION?

If you are calorie counting, Pudhina Chicken and Vegetable Thoran make a tasty healthy option. Ask staff for other Live Dosa low calorie options.

## SOUTH INDIAN FAVOURITES

Why not add a paper dosa to your favourite dish for the full south Indian experience?

### CURRY

**CHEERA PARIPPU** **V DF** £7.95  
A flavoursome lentil and spinach dish sautéed with onion, mustard seeds, chilli flakes and garlic.

**PANEER THEEYAL** **GF** £7.95  
A traditional Kerala style dish with paneer in a roasted coconut sauce.

**KOOTU CURRY** **V GF DF** £7.95  
A medley of black chickpeas, potato and carrot, cooked with garam masala. A must try for vegans.

**THAKKALI THEEYAL** **V GF DF** £7.95  
Tomato cooked in slow roasted coconut gravy with spices and finished off with tamarind juice for the real Kerala flavour.

**FISH CURRY** **GF DF** £10.95  
A local favourite from home, Kerala style fish curry spiced with fiery green chillies and slightly softened by the ambient flavours from the kokum fruit. (Fish may contain bones).

**FISH MOLLY** **GF DF** £10.95  
Fish Molly is for the milder hearts yet with all the goodness of fish curry. (Fish may contain bones)

**KONCHU MULAKITTATHE** **GF DF** £11.95  
Spicy slow roasted prawns made with chilli powder, turmeric and fenugreek.

**CHICKEN MAPPAS** **GF DF** £9.95  
A milder chicken curry made with coconut milk and mixed vegetables.

**NADAN CHICKEN CURRY** **GF DF** £9.95  
Original home style chicken curry in an onion and tomato based sauce with a magic blend of spice powders.

**KALLUSHOP BEEF CURRY** **GF DF** £10.50  
A lively curry, rich in flavour with homemade ground masala including black peppercorns and fennel.

**MUTTON CURRY** **GF DF** £10.50  
A home style mutton curry with sautéed onion, tomato and Kerala mixed spices.

## DOSAS

**PAPER DOSA** **V GF DF** £5.99  
A thin and crispy crepe made of rice and lentils served with homemade chutneys and sambar. With ghee (0.95p extra).

**CHUTNEY DOSA** **V GF DF** £6.99  
Dosa with a thin layer of homemade chutney.

**MASALA DOSA** **V DF GF** £7.99  
Dosa with traditional style potato masala filling.

## VEGETABLE SIDE DISHES

**POTATO MASALA** **V GF DF** £4.75 £6.25

**CABBAGE THORAN** **V GF DF** £4.75 £6.25

**BROCCOLI THORAN** **V GF DF** £4.75 £6.25

are solely a guide, however we can make dishes milder or hotter according to your preference. Please advise us of your preference when ordering.

## RICE

	SMALL	LARGE
BASMATI RICE	£2.95	£3.95
PILAU RICE	£3.40	£4.50
LEMON RICE	£3.95	£4.90
KERALA RICE	£2.95	£3.95

## BREADS

**APPAM** **V GF DF** £3.40  
Traditional spongy pancake-like gluten free bread made from fermented rice and coconut batter. Pairs well with the Live Dosa Fish Curry.

**POROTTA** £2.90  
Token street food from Kerala, this grilled flaky bread is made from a plain flour dough, beaten and rolled to form thin layers, forming a circular shape

**CHILLI POROTTA** £3.00  
Porotta with a topping of green chillies.

**GARLIC POROTTA** £3.00  
Porotta with a topping of garlic.

## ACCOMPANIMENTS

**COCONUT CHAMMANTHI** **V GF DF** £1.15  
Homemade coconut chutney.

**CARROT CHAMMANTHI** **V GF DF** £1.10

**KERALA LIME PICKLE** £1.10

**KERALA GREEN MANGO PICKLE** £1.15

**KERALA PAPADAMS** **V DF** £3.25  
Two Kerala pappadams served with homemade chutneys.

## DESSERTS

**CHOCOLATE APPAM** **GF** £4.95  
A spongy coconut and rice pancake with a chocolate topping and served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)

**SWEET DOSA** **GF** £4.95  
A house favourite served with coconut and molasses served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)

**DOSA COCOA** £4.95  
Chocolate filled dosa served with a scoop of ice cream. (We can replace ice-cream for coconut milk for V and DF)

**V** Vegan **DF** Dairy Free **GF** Gluten Free **mild** **medium** **hot**

A discretionary service charge will be added to the final bill of tables of 6 or more.

## WINES

SMALL 175ml    LARGE 250ml    BOTTLE 70cl

### RED WINES

**VINI D'AUTORE MERLOT** ..... £5.25    £6.25    £17.99

**2015 Italy**  
Intense yet fruity grand aromatic red.

**VEGA PIEDRA RIOJA** ..... £7.75    £8.85    £25.99

**2015 Spain**  
vibrant medium bodied Rioja, with undertones of berries and plums. A great all rounder at the table.

**SOUL TREE CABERNET SAUVIGNON** ..... £29.99

**2015 India**  
Sophisticated warm, medium bodied wine with hints of blackcurrants and black pepper. Perfect with beef and lamb dishes.

### WHITE WINES

**VINI D'AUTORE PINOT GRIGIO** ..... £5.25    £6.25    £17.99

**2015 Italy**  
Intense yet fruity notes and aromatic undertones.

**VINI D'AUTORE SAUVIGNON BLANC** ... £5.65    £6.95    £19.99

**2015 Italy**  
Fresh crisp characteristics perfectly matched with fish and vegetarian dishes.

**CAPE HEIGHTS CHENIN BLANC** ..... £7.75    £8.85    £25.99

**2016 South Africa**  
A fresh, dry Chenin with broad appeal displaying classic baked apple and zippy citrus aromas with soft, delicate apple fruit on the palate. It makes a great partner to fish, chicken and vegetarian dishes.

**SOUL TREE SAUVIGNON BLANC** ..... £29.99

**2015 India**  
Multiple award winning wine with crisp and herby undertones which pairs perfectly with chicken and fish dishes.

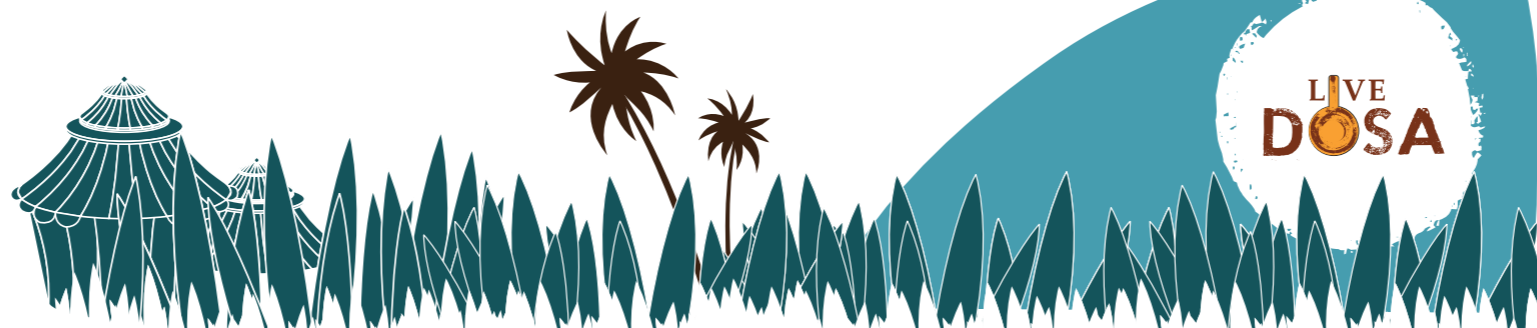
### ROSE WINES

**PINOT GRIGIO BLUSH** ..... £5.65    £6.95    £25.99

**2015 Italy**  
Characteristically crisp and fruity with notes of peach. Served chilled as an aperitif or with lightly spiced food.

**SOUL TREE PINOT BLUSH** ..... £29.99

**2015 India**  
Refreshing berry undertones with a hint of ripe apples, this is a perfect accompaniment to fish, chicken or vegetarian dishes.



## PROSECCO

**LUNETTA** ..... £7 200ml

**2015 Italy**  
Extra dry, crisp and zesty which makes a perfect aperitif or an accompaniment to fish and chicken dishes.

**MORANDO** ..... £23.99 70cl

**2015 Italy**  
Crisp and zingy this extra dry sparkling wine is the perfect chilled aperitif or an accompaniment to fish and chicken dishes.

## COCKTAILS

**MALABAR WOO WOO NIGHTS** ..... £7.50

Vodka, peach SCHNAPPS, cranberry juice.

**COSMOPOLITAN COCHIN** ..... £6.50

Vodka, cranberry juice, dash of lime.

**INDIAN SEA BREEZE** ..... £7.50

Peach schnapps, pineapple juice, cranberry juice with a hint of lime.

**MAHARAJA HOUSE BOAT** ..... £6.50

Gin, lime juice, sugar syrup and soda water.

**KOVALAM SUNDOWNER** ..... £6.50

Gin, lime cordial, dash of cranberry juice.

## LIVE DOSA COOLERS

**LASSIS** ..... £3.25

An Indian take on a smoothie, a blended yoghurt drink served ice cold and in a choice of fruity flavours. A perfect way to get your meal started. Flavours available: mango, salted, sweet and rose.

**NIMBU PANI** ..... £3.30

Freshly squeezed lime juice and soda water with added salt or sweet or both.

**MINT MAMBO** ..... £3.95

Mint leaves and crushed ice topped with lemon juice, soda water and sugar syrup.

**MALABAR DREAM** ..... £3.95

Salt version of Nimbu Pani with ginger and green chilli.

**KERALAN SUNSET** ..... £3.95

Blended pineapple juice and coconut milk with a dash of lime.

## NON ALCOHOLIC

**COKE** (330ml)..... £2.25

**DIET COKE/ SPRITE/ cans** (330ml) ..... £1.95

**ORANGE/ PINEAPPLE/ CRANBERRY JUICE**... £1.95    £2.95

**STILL/ SPARKLING WATER** (330ml)..... £2.75

## BEERS AND CIDERS

**KINGFISHER** ..... £3.25    £5.25

**COBRA** ..... £3.25    £5.25

**PERONI** ..... £4.95

**MAGNERS ORIGINAL** ..... £4.95

## SPIRITS

25ML

**FAMOUS GROUSE** ..... £2.95

**GORDON'S GIN** ..... £2.95

**SMIRNNOFF** ..... £2.95

**BARCADI** ..... £2.95

**COURVOISIER** ..... £2.95

**CAPTAIN MORGAN** ..... £2.95

**JACK DANIELS** ..... £3.25

**BOMBAY SAPHIRE** ..... £3.25

**ABSOLUTE VODKA** ..... £3.25

## LIQUERS

**BAILEYS IRISH CREAM** ..... £3.25 25ml

**TIA MARIA** ..... £3.25 25ml

**AMARETTO DISARANNO** ..... £3.25 25ml

**PEACH SCHNAPPS** ..... £3.25 25ml

**MALIBU** ..... £3.25 25ml

## TEAS & COFFEES

**INDIAN BRU FILTER COFFEE** ..... £1.95

A blend of coffee beans and chicory prepared on the hob with milk.

**DECAFFEINATED COFFEE** ..... £1.95

**MASALA TEA** ..... £1.95

Typical Indian tea boiled with milk and a special pre prepared tea mix. (Can be made as black tea)

**TEA INFUSIONS** ..... £1.95

Camomile, Green, Mint, Cumin, Ginger, Lemon and Ginger.

**LIQUEOR COFFEE** ..... £4.95

Filter coffee served with a shot of alcohol of your choice topped with double cream.

## The Live Dosa story

We started in 2013 selling Kerala street food from a market stall in the city of Chelmsford. Once the local Chelmsfordians discovered our delicious dosas and authentic south indian cooking, we relocated and opened the Live Dosa restaurant in 2014.

Please follow us on Facebook, Instagram and Twitter and sign up for our newsletter for all of our latest offers and events.

## LIVE DOSA LOVE DOSA

Experience the real taste of Kerala



**FOOD ALLERGIES & RESTRICTIONS:** Please let us know if you have any dietary restrictions or special considerations, and we will make every effort to accommodate dietary restrictions however there is no guarantee that we will be able to accommodate all food intolerances/special diets. It is the guests responsibility to let Live Dosa restaurant know if they have any food allergies or restrictions 48 hours in advance. Live Dosa restaurant will not be held responsible for any guest not informing us of food allergies or dietary restrictions.